



CURRENT COVID-19 RESTRICTIONS

Health and Safety

Please bring your own mask and personal hand sanitizer. At this time, masks are not required and are to be used at your discretion. Adequate space will be provided to allow distancing between registrants. Banff Wellness Retreat staff will be working diligently to disinfect any communal spaces and to ensure a safe retreat experience. Registration will be available to domestic participants only. Attendees will be screened upon check-in and anyone with a fever, cough or COVID-19 related symptoms will not be able to attend the retreat.

Event Equipment

Please bring your own yoga mat, journal and pen for recording personal reflections, water bottle, blanket, pillow, and any other comfort items you require for your chosen events. These items can be stored in the room or under your seat when not in use. For health and safety reasons, we are no longer able to provide communal use items for registrants.

Personal Retreat Schedule

Due to Covid-19 restrictions, we are currently required to limit event attendance to 50 people per room. If an event becomes full it will be indicated on the Schedule and Personal Schedule pages. We are confident these restrictions will be lifted by the event date, but for the meantime we will adhere to these limits. Please retain a copy of your Personal Retreat Schedule as proof of event registration.

Cancellation Policy

Please note that Banff Wellness Retreat passes are non-refundable (including cancellations due to changes in presenters/events, event availability, changes in health and safety protocols and cancellations due to weather or road conditions), but may be transferred to another name if approved and adjusted by Banff Wellness Retreat administration. In the event of a national pandemic that causes the event to be cancelled or personal illness due to COVID-19, exceptions will be made.